

Oddington Newsletter

Special Edition

April 2020



*Alone, we can do so little,
together, we can do so much”*

- Helen Keller.

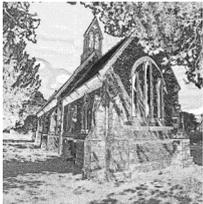
This newsletter replaces "The Village Newsletter" which is not being printed in the current situation. Please feel free to forward this to any residents for whom you have contact details.

For further updates please sign up to the Upper and Lower Oddington Facebook page or visit <https://www.oddingtononline.net>

Should it not be possible to publish the May edition of ABODE please send news contributions to the editor, Sue Watkin, by email to susanwatkin@msn.com or to janet.eustace@yahoo.co.uk by April 28th.

EVENLODE VALE CHURCHES

Seven Parishes United for the Future



ODDINGTON

Holy Ascension & St Nicholas



30th March 2020

Dear Friends,

As you probably know we have had to heed the advice of the Church of England to close all our church buildings for the foreseeable future.

We are still able to offer opportunities for worship and other spiritual resources and hope that you will find these a source of encouragement in difficult and uncertain times.

Members of our team are recording a service for this Sunday (Palm Sunday) and we will upload it onto our website (www.evenlodevalechurches.org) together with short orders of service. We are also planning to live stream the service at 10.30am on Sunday morning which you will be able to access from the Spiritual Resources page of our website.



Sadly we have had to cancel all our Lent meetings but David Cook has recorded his 4 sessions on 'Finding Faith' in the 21st Century and you can listen to these by visiting our website and clicking on the Lent banner on the homepage. Alternatively you can go straight to the page by clicking on the link below: <https://www.evenlodevalechurches.org/lent-programme-revised>.



There are other resources available which you can access on the Spiritual Resources page of the website or by clicking the following link: <https://www.evenlodevalechurches.org/spiritual-resources>

We will be producing more resources over time as a source of hope in hard times, and will keep you updated as to what is on offer.

With love and prayers,

Richard – Rector of Evenlode Vale Churches

PARISH COUNCIL NEWS

Janet Eustace

Oddington Parish Council, with the support of the church, has set up a **Good Neighbour Scheme** to help those residents who have been advised to stay at home over the coming weeks. Those joining the scheme are paired with a Volunteer who will pick up shopping and medication, post mail and be available on the end of the phone to offer help and reassurance.

Please contact Janet Eustace on 01451 830 594 or email janet.eustace@yahoo.co.uk to register for the scheme or if you are able to volunteer.

Litter Pick

This was planned for Saturday 4 April. If people are still willing to volunteer, could they litter pick any time between now and Easter. Please be sure to wear gloves and dispose of rubbish safely in a black bin. If you have time on your hands and would like to tidy up one of the Village Notice Boards that would be great. Many thanks.

PARISH COUNCIL NEWS**CONTINUED****ODDINGTON AND ADLESTROP UNITED CHARITIES**

The Oddington and Adlestrop United Charities can to provide short term support for anyone who may be struggling as a result of loss of income. Please contact Janet (details as above) for further details.

Warren and Norman and the team at the Horse and Groom are working with the Parish Council to provide a food and drink takeaway and delivery service in the local area. Further details are elsewhere in the newsletter. We are most grateful to them for this great community service. Please support them.

WHEN WORLDS COLLIDE!**Professor Warren Turner, Landlord, Horse & Groom Inn**

Exactly a year ago (almost to the day!), Norman and I (with out dog, Beaker) took over ownership of the Horse & Groom Inn. Mother's Day last year was our first Sunday lunch service, and was so chaotic, a real baptism of fire. We're old hands now, but as any of you who visit us regularly will know, the chaos occasionally still shines through. At least it did until Friday 20 March when due to the Covid-19 pandemic we were told to close the pub to support social distancing measures.

When I'm not here in Oddington running the pub you will find me working in a central London university where I am Professor and Pro Vice Chancellor for one of London's largest health faculties. I'm responsibility for the safety of around 7,000 student health professionals including nurses, midwives, physios, OTs, radiographers, post-graduate doctors, paramComing back to Oddington then last week it stuck me that we need to prepare ourselves better here to avoid the outbreak taking hold and spreading uncontrolledly throughout our villages. This is unlikely to be over any time soon, so if we are to protect the most vulnerable people in our community a collective effort, the likes of which we have never seen before, will be essential. It is imperative that advice is listened to and that everyone does their bit.edics, and many more. Most of whom will need to remain working and learning in the NHS throughout the outbreak. The past few weeks have been a (pardon the pun) 'sobering' experience. London is ahead of us in the number of cases and the impact on the health services.

These simple, low tech precautions are generally 'not about you'. They aim to protect those you may come into contact with. Either directly, or even in social isolation more indirectly. Some key actions we can all take to protect our households and those in our community who are most vulnerable:

Keep away from those in high risk groups. Please don't visit the elderly, sick or those in other vulnerable categories. Speak to them on the phone, on a FaceTime or Skype call, but keep at least 2m/ 6ft away from them.

The virus is passed from person to person either from hand to hand, from hand to surfaces (eg. Door handles, gate posts, light switches, door knockers, door bells, backs of wooden chairs, tables) and via coughs and sneezes. Therefore hand hygiene is key. You may think that, as you've been washing your hands since the age of 2-3 years that you are an expert. Think again and watch the technique advised by the World Health Organisation via this clip on the internet if you can <https://youtu.be/3PmVJQUCm4E>

In general the virus is not circulating in the air around us. If you are already carrying the virus but are unaware, it will get onto your hands when you touch your face (nose, mouth and eyes). Your hands will then pass it on to other things or people you touch. Therefore avoid touching you face.

Get in the habit in your own household of shouting "Face!" at others whenever you see them touching their faces. We've all been touching our faces habitually from the moment we are born. Up to as many as 20 times an hour without even realising. It's a hard habit to break, but it is vital that we do. Shouting "Face!" will help to make someone aware they are doing it and to help them break the habit.

If you do touch your face for whatever reason the wash your hands again before touching anything else.

It is important that surfaces that are regularly touched by your hands are regularly sanitised. Use a domestic sanitiser/ disinfectant to regularly clean those surfaces in and around your home that other people (ie. Outside your own household) might have touched or may do so in future. So consider door knockers, door handles, gates, door bell pushes, car door handles, letterboxes, etc.

Limit your shopping etc to a minimum. Where you can do so shop online and have it delivered to you. If you do need to shop at a supermarket, make sure you clean the handle of the shopping trolley or basket handle before you use it.

Avoid reading or spreading 'fake news' on social media. There are many stories circulating about so called 'cures', 'vaccines' or things that make people more or less at risk. Unless properly verified and from reliable sources, these sorts of stories are a great danger. They can result in people dropping their guard. In complacency settling in and bad habits recurring.

Fundamentally, we all need to change behaviours that we have been used to for our whole lives so far. It might be a long time before we are able to revert to former ways of doing things so we need to change now and sustain these behaviours for some time to come.

Protection of those who are most vulnerable is down to these small details. The sooner everyone can observe these rules, the sooner we will be on the other side and the more lives we will have saved.

Please stay safe and look out for each other.



Upper Oddington
Moreton in Marsh
GL56 0XH
01451 830584

www.horseandgroomcotswolds.co.uk

TAKE OUT/DELIVERY SERVICE DURING THE COVID-19 PANDEMIC

The team at the Horse & Groom Inn, Upper Oddington are teaming up with local community volunteers to offer a food & drink takeaway and delivery service in the local area.

We are now offering a collection and delivery service of hot food and basic staples such as milk, bread and eggs. Our volunteer drivers cover a 5 mile radius from the pub for deliveries (priority given to those who are self isolating or in vulnerable groups). Alternatively, you can collect from our drive-thru at the front of the pub.

Sample main courses:

- Slow cooked Beef Ragu with Pasta
- Beef Lasagne
- Cod & Chips with Mushy Peas
- Scampi & Chips with Mushy Peas
- Sausages & Mash with Gravy (Veg on request)
- Beef/Veggie Burger with Fries
- Veggie Pasta
- Chicken Curry with Rice (Veg on request)
- Other Daily Specials like Sunday Roasts.

Drinks & other items:

- 4 or 2 pints of real ale
- Various Wines
- Soft drinks
- Bottled Beers
- Eggs, Milk and Bread
- Toilet Paper
- Canned Goods
- Detergent Tabs
- And many more

**Subject to availability and supply*

Order Online: www.horseandgroomcotswolds.co.uk or call 01451 830584

Working together with our community to get through this.
Warren, Norman & Team, Horse & Groom Inn

ADVICE FROM CENTRAL & LOCAL GOVERNMENT ON COVID- 19

<https://www.gov.uk/coronavirus>

Advice from Cotswold District Council <https://www.cotswold.gov.uk/coronavirus>

Coronavirus: supporting children and young people [https://](https://www.gloucestershire.gov.uk/education-and-learning)

www.gloucestershire.gov.uk/education-and-learning

NHS ADVICE ON COVID-19

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

HOME DELIVERIES & TAKE AWAYS

The Cotswold Game and Meat Company has recently launched a retail delivery service to some of our local village halls. Their refrigerated van will be outside Oddington Village Hall on Wednesday and Friday between 11.30 and 12.15. You will need to pre-order. Call Chris on **07714 765571** for further details.

R &D Walker, Butchers, Moreton in MARSH

Please call 01608 651002 to place your order for meat and fresh vegetables and we will endeavour to have your delivery within 48-hrs. Where possible, it would be beneficial to everyone for you to place a weekly, bulk order to allow us to streamline our service and again reduce additional person to person contact.

We understand there will be a number of smaller orders which we of course, are more than happy to deliver..... You are all valued customers and will receive the same service.

The Old Butchers, Stow

Please call Louise on 01451 830700 for take-away service.

Daylesford Organic Farm Shop

If you are self-isolating, at high risk or vulnerable and would like to place a grocery order, please call our team on **01608 731680** between the hours of 9am to 11am only.

THANK YOU

On behalf of those of us unable to go about our daily lives our heartfelt thanks go to Janet Eustace, the Parish Council, Warren at the Horse and Groom, the Church and all the volunteers for providing such wonderful support. We are so fortunate to live in a community that has come together to help one another in this time of adversity.

Sue, Editor



For those of you who aren't able to get out and about, the lambs are in the field next to Oddington Ashes and the primroses on the bank by St Nicholas' are looking lovely.

